



You Can Help Your Child Succeed in School **Build Good School Attendance Habits Early**

DID YOU KNOW?

- Starting in pre-school, too many absences can cause children to fall behind in school.
- Missing 10% (or about 18 days) can make it harder to learn how to read.
- Students can still fall behind if they miss just a day or two every few weeks.
- Being late to school can lead to poor attendance.
- Absences can affect the whole classroom, and your child's connection with his/her classmates.

Attending school regularly helps children feel better about school and about themselves. Start building this habit in preschool so they learn right away that going to school on time, every day is important. Good attendance will help children do well in high school, college and at work.

WHAT YOU CAN DO

- Set a regular bedtime and morning routine.
- Lay out clothes and pack backpacks the night before.
- Introduce your child to his/her teacher before school starts.
- Do not let your child stay home unless she/he is truly sick. Keep in mind complaints of a stomachache or headache can be a sign of anxiety and not a reason to stay home.
- If your child seems anxious about going to school, talk to your child's teacher or school counselor for advice on how to make him or her feel comfortable and excited about learning.
- Develop back-up plans for getting to school if something comes up. Call on a family member, a neighbor, another parent or the school for help.
- Avoid medical appointments and extended trips when school is in session.

CHRONIC ABSENCE
15 or more days
CONCERNING ATTENDANCE
10 to 15 days
GOOD ATTENDANCE
9 or fewer absences

Please contact us for more information or if you would like to increase your child's attendance:

Lamoille Valley Truancy Project
at (802) 888-5871
221 Main Street in Hyde Park
email: info@lrcvt.org
website: www.lrcvt.org

Lamoille Restorative Center

in cooperation with Orleans Southwest Supervisory Union, Lamoille North Supervisory Union, Lamoille South Supervisory Union, and The Vermont Department For Children and Families.